

## Crisis and Bereavement Response Policy for Waldorf International School Copenhagen

This plan outlines a comprehensive framework for Byens Steinerskole to respond with care and efficiency to crisis situations, including accidents, bereavement, or other significant events affecting the school community.

#### Situations Covered by the Plan

This plan applies to the following situations:

- 1. Responding to the Loss of a Student
- 2. Supporting a Student Who Has Lost a Parent or Sibling
- 3. Responding to the Loss of a Staff Member
- 4. Supporting Students in Crisis

## 1. Responding to the Loss of a Student

#### **Initial Actions**

- The staff member who first becomes aware of a student's passing must immediately inform the school leadership.
- The leadership informs the class teacher, after-school program staff, and other relevant personnel.

#### **Class Teacher's Responsibilities**

#### Initial Contact with the Family

- The class teacher ensures that the family is contacted first and offers a home visit.
- The purpose of the contact includes:
  - 1. Gathering specific details about the incident.
  - 2. Clarifying what information can be shared with the school and students.
  - 3. Discussing how the school and the after-school program can support the family.
  - 4. Informing the family about the school's planned actions.
  - 5. Determining whether the family wishes to participate in the school's response.
  - 6. Clarifying the family's expectations of the school.



#### **Subsequent Actions**

- 1. Deliver flowers and a letter from the school and teachers.
- 2. Obtain information about the funeral and coordinate attendance by teachers and classmates if desired.
  - At a minimum, the class teacher and a representative of the leadership will attend.
  - Coordinate with parents if classmates' attendance is requested.
- 3. Plan how the situation will be addressed in the classroom.

#### In the Classroom

- The class teacher and an additional teacher are present when students arrive. The deceased student's desk may be marked with a candle.
- Teachers remain with the class throughout the day, including during breaks.
- Facilitate a detailed discussion about the loss and encourage students to share both positive and negative memories about the deceased.
- Collaborate with the class to decide how the student will be commemorated.
- Offer activities unrelated to the grief, such as drawing or a walk in the forest.
- Ensure that no students return to an empty home. Older students can stay at school with a trusted adult until their parents arrive.
- A pastor may be invited to discuss the funeral, and a visit to the gravesite can be considered.

#### **Communication with Parents**

- Parents of classmates receive detailed information via email and may be invited to a parent meeting.
- The teaching team organizes a parent meeting as soon as possible, potentially involving the school's psychologist or external support professionals.

# 2. Supporting a Student Who Has Lost a Parent or Sibling

#### **Initial Actions**

• The individual receiving the news first informs the class teacher, leadership, and after-school program staff.



• The leadership informs relevant staff members, and plans substitute coverage if necessary.

#### **Contact with the Family**

- The class teacher, leadership, or after-school program staff contacts the family to:
  - 1. Gather specific details about the incident.
  - 2. Clarify what information can be shared with the school and students.
  - 3. Discuss how the class should be informed and what support will be offered.
- Deliver flowers and a personal note to the family.

#### In the Classroom

- The day may be structured as a class teacher day with additional teacher support if needed.
- If the class teacher is unavailable, a trusted staff member steps in.
- Students can create drawings or letters for the grieving student.
- Support the class in processing the loss and addressing emotional needs.
- Plan for the grieving student's return to school and prepare classmates to welcome them empathetically.

#### Follow-Up

- The class teacher or after-school program staff provides individual support to the grieving student.
- Assign a trusted adult at the school for the student to talk to about their grief.
- Collaborate with the family to determine how the school and class can best support the student.

## 3. Responding to the Loss of a Staff Member

#### **Initial Actions**

• The staff member who first becomes aware of a staff member's passing notifies the leadership, who coordinates the necessary actions.

#### Leadership Responsibilities

- 1. Leadership contacts the family of the deceased staff member.
- 2. The family is informed of the school's planned actions and invited to express their wishes regarding the school's involvement.
- 3. Flowers and a condolence letter are sent to the family.



#### Communication

- Leadership gathers the staff for a meeting to provide information and guidance.
- Absent teachers and after-school program staff are informed as soon as possible.
- Leadership organizes a memorial event, potentially in the school courtyard or hall.

#### In the Classroom

- Two teachers are present in affected classes to inform students and provide support.
- Facilitate open discussions about the deceased staff member, encouraging students to share memories.
- Offer activities unrelated to grief, such as drawing or outdoor time.
- Discuss the possibility of attending the funeral with the class and parents.

### 4. Supporting Students in Crisis

#### Situations Covered by the Plan

This section applies to students experiencing significant events such as divorce, serious illness, self-harm, or the death of a close family member.

#### Procedure

- 1. Parents are encouraged to inform the class teacher about significant events affecting their child.
- 2. The class teacher informs relevant staff and leadership, who decide who should be informed together.
- 3. A trusted adult is assigned to provide individual support to the student.

#### Follow-Up

- The contact person maintains regular communication with the student and their family.
- Staff remain attentive to the student's well-being and create opportunities for them to express their feelings and thoughts.

#### Conclusion

Byens Steinerskole is committed to providing compassionate and effective support during crises, ensuring the well-being of our students, families, and staff. This plan will be regularly reviewed to reflect best practices and meet the needs of our school community.

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